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The Coleman Journal

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VOLUME 85 - No. 14

The Journal - Coleman, Alberta Wed., May 14, 1969

single copy 10c

Kesteven Owen
DRY GOODS
Dadies' and Men's
Wear
Across from Central School

Swimming Pool March Shaping Up

Preparations and plans for the giant walkathon to be staged June 1st, and sponsored by the Coleman Lions are well underway and promise to be lots of fun for young and old, as well as making contributions to a worthy cause in the Crows Nest Pass.

The day's activities will kick off at 7 a.m. on the parking lot of the Satellite Restaurant where buses and a huge car pool will assemble, pick up Coleman participants in the march, proceed to Blairmore CPR station, Hillcrest Main Street, Bellevue Municipal Building grounds, at each point picking up those participating in the walk.

All vehicles will proceed to the starting point, namely the area adjacent to Johnson Bros. warehouse in Cowley, where those making the trip will be unloaded, registered, thence to shove off with the hope of covering the 24-mile return journey on "Shanks Mares" — ending up after being checked at eleven 2-mile interval checkpoints at the Coleman Lions Park. (A timely reminder at this point to those taking part in the march — Don't forget to bring along the necessary portions of your sponsor cards as explained on the cards). Drinks will be available at all check points while at the final point or Lions Park, Coleman, the sponsors are making arrangements for both food and drink to be served.

Old-timer Laid To Rest

McKAY — Mrs. Alice (Holland) of Coleman, passed away at Blunt's Nursing Home in Fort Macleod April 30th, 1969, at the age of 86 years.

She was born in Bristol, England, on July 15th, 1882. She came to Canada in 1914 to Fernie, B.C., residing there for five years prior to moving to Coleman.

For the past four years Mrs. McKay was a patient in Blunt's Nursing Home, Fort Macleod.

She was predeceased by her husband in 1948, whom she had married in September, 1928.

Funeral services were held in Fantin's Coleman Chapel on Friday, May 2nd, 1969, at 2 p.m. with Minister Peter Walker officiating. Interment, family plot, Coleman Union cemetery. Fantin's Chapel Ltd. was in charge of arrangements.

Larch trees are the only native conifers in Canada which lose their leaves in winter.

In the next few days, sponsor cards will be made available through the High School students of the Pass and the Recreation Office, Court House, Blairmore, also through some of the merchants, the names of these to be published later.

The committee hopes to see everyone who can walk do their part in this fund raising campaign, so come on, kids — walk until it hurts; this is your pool — and come on, parents, these are your kids, — sponsor and walk, too.

Anticipating many marchers, in view of the fact that school buses can only carry children, the committee is endeavoring to obtain volunteer motorists who will assemble at Coleman with the purpose of helping transport participants of "March for a Swimming Pool" to the starting point in Cowley. If you can help in this way, please phone Mrs. Jetty McQue, at 562-2570.

A special feature of the 'March' will be a draw for \$100 donated by the Satellite Restaurant which will go to a lucky participant. All marchers will have their card numbers put in the drum and draw will be made at a public function, after all have been turned in at the collection agencies. Anyone or any business or organization wishing to donate for other prizes or top this one, please contact Fred MacLeod of the Coleman Lions.

How's Your Immunization Status

Dr. K. Adler, Medical Officer of Health, Chinook Health Unit, states that all adults who had two doses of Oral Polio Vaccine five or more years ago are due for maintenance doses. Adults should come in to regularly scheduled clinics, if possible.

Pre-school children who have not had Red Measles can be protected by a new Measles Vaccine which is administered free of charge. This applies especially to children who will commence school this fall.

Generally speaking the immunization status of pre-school children and school children is up to date, but the immunization status of the adult population leaves much to be desired.

To compliment its Swiss founder, Henri Dunant, the international emblem of Red Cross, a red cross on a white background, is the reverse of the flag of Switzerland.

Diabetic Children's Summer Camp

The Camp Committee for the Diabetic Children's Summer Camp at Kinsmen's Camp Horizon, Bragg Creek, Alta., urges the parents of potential campers to mail in their request for an official application as soon as possible.

Brochures describing the camp, and including the request form, can be obtained from your local municipal health department, hospital, school district, medical clinics or by writing to the Camp Committee, Canadian Diabetic Association, P.O. Box 537, Calgary 2, Alberta.

Camp facilities and programming have been greatly expanded this year, thereby promising a greater than ever camping season.

Past Chiefs Mark Anniversary

The Past Chiefs Association of the Pythian Sisters held its 22nd anniversary party at the home of Mrs. Ethel Hill of Coleman, recently, and to mark the event an evening of whist was enjoyed.

Prizes were won by Mrs. Amy Penney, Mrs. Mary Ball and Rose Lant. The supper table, prepared and served by Sister Ethel Hill, was centered with a decorated birthday cake provided for the occasion by Sister Frances Bartollett.

It was announced at the party that the recent rummage sale conducted by the Pythian Sisters together with the draw and bake sale had been very successful. Winner of the cake drawn for, was J Spiveak of Coleman.

Drug Seminar Held in Horace Allen School

"Use and Abuse of Drugs" was the subject of a seminar at the Horace Allen School this week, attended by over 100 adults and teenagers.

Drugs discussed included caffeine, nicotine, alcohol, marijuana, solvents, sedatives, tranquilizers, stimulants, LSD and other hallucinogens and the narcotics group including heroin, morphine, opium and other derivatives.

A skit presented by three young ladies depicted what parents and young people think of the use of drugs. The skit opened with a dialogue between two of the students discussing whether or not drugs should be used.

Conclusion of the discussion indicated that one of the young ladies wished to try drugs and proceeded to tell her mother about her plans. The mother promptly

proceeded to preach, which was obviously the wrong approach to the situation.

Dr. Emil Aiello of Coleman and Harold Coward, psychologist of Blairmore, spoke on the above-mentioned drugs and explained their medical and psychological effects on users.

The entire group attending the seminar was then divided into smaller groups with a discussion leader to head each unit.

Purpose of this was to bring out more opinions, feelings and concerns about drugs and how they influence our community.

At the end of the small group discussions all re-assembled to discuss the questions raised by the buzz sessions.

Literature on drugs was handed out at the end of the event.

Cigarettes thrown from cars are highly dangerous because of inflammable fuels like dead grass along roads.

'Rec News'

Often-times people say "I'll help but don't put me in charge." What is often overlooked is that someone must accept, just a little more responsibility than the next person. When this happens, an individual then plays his or her role as a leader in society.

Closer to home, and this applies directly to the leadership required in the Pass for Minor Baseball, men and women who perhaps have never been involved in this program before, have accepted the responsibility of leadership for this reason. Many have never received basic instruction. Your Recreation Board has the responsibility to these people of providing a training session. To this, a Coach's Clinic is being held. It is hoped that all coaches and managers involved in this program will attend. The responsibility then lies with those who require and want instruction, on proper technique.

A community recreation program depends upon voluntary leadership. Take the volunteer out of the picture and the picture (in this case recreation) ceases to exist.

To those who have become involved in this season's Minor Baseball Scene a 'Flip of the Fuz' to you. You have taken up a challenge. You are involved, and your regard is the gratifying look on each child's face as he participates.

Mother's Day Tea Successful

A successful tea was held in the IOOF hall on Saturday, May 10th, sponsored by Victoria Rebekah Lodge.

The draw for a blanket was won by Mrs. Illeen Thomson with ticket number 411, a rug by Mrs. F. Mickels of Blairmore and the door prize by Mrs. Helen Kropinak.

The members and the Noble Grand, Mrs. T. Holstead, wish to thank all those who supported this tea in any way.

The ladies of the lodge are endeavoring to keep their building on Main Street in condition and repair and gratefully appreciate the help they have had from the Council and the town crew during the winter months.

Coleman Legion Branch to Re-Open

Al Krywolt, secretary of the Coleman Branch of the Royal Canadian Legion, advises that the Alberta Liquor Control Board has granted permission to the Coleman Legion to re-open the branch for the sale of beer.

A program involving the renovation and remodeling of the interior and the front of the building is now in progress and will cost in the vicinity of \$6,000. It is expected that the work will be completed by June 15th so that the Club can be opened around that date.

Applications for the position of steward and one assistant are being invited by the Legion.

An appointed committee is in charge of having the lawn bowling lanes put into shape and it is hoped that a town-organized competition can be arranged.

Mr. Krywolt also advised that the membership will again be conducting the local Red Shield campaign for funds to be held during the month of May.

The club has also announced that while renovations are being made to the Legion, arrangements have been made to hold the bingo nights in the Elks hall and the monthly social evening will be held in the Polish hall in East Coleman on May 17th.

Operetta Successful

"The Cobbler of Fairyland", an operetta in three acts, was very successfully presented in the Coleman school this week and marked the first time an occasion of this type was tried by the Horace Allen students.

Two presentations were made for all of the school students who expressed their appreciation of the colorful costumes and acting done by their classmates.

Director of the play was Earl Erickson, and stage director was Mary L. Atkinson. Prompter was Linda Proc, and accompanist for the singers was pianist Jerry Lonsbury.

Grant Extended

Word has been received by Mr. and Mrs. V. Krzywy that the Canada Council educational grant for Mrs. Krzywy's son Daniel Pagnucco, B.A., M.A., has been renewed for the coming year.

Mr. Pagnucco, who has been studying for his doctorate degree at the University of London, England,

since last September, plans on continuing his studies there, having received his B.A. degree at the University of Western Ontario and his M.A. degree at the University of Toronto.

Mother's Day Service Held

A very impressive Mother's Day Service was celebrated in St. Paul's United Church on Sunday, May 11 with the Sunday School classes taking over the services, under the supervision of the Sunday School teachers Mesdames I. Coover, J. Girhiny, A. Filafilo, L. Blades, B. Walker and M. Amell, and the Misses B. Amell, G. Girhiny, P. Hammer and S. Collins, and Lay Minister Peter Walker.

All mothers, grandmothers and great grandmothers were each presented with a corsage.

About 20,000 people are employed at the plants of General Motors of Canada and in the company's zone offices and parts warehouses. The annual payroll exceeds \$130 million.

World Figure Skating Champions



Gabriele Seyfert, East Germany
First Place

Ludmila Pakhomova and
Aleksandr Gorshkov, Russia
second place, dance

Diane Towler and Bernard Ford
Great Britain, first place, dance



Tamara Moskvina and Alexei
Mishin, Russia, second
place, pair

Beatrix Schuba, Austria,
second place

Irina Rodnina and Alexei
Ulanov, Russia,
first place, pair

Figure skating champions from all over the world are shown as they competed before thousands of spectators in the World's Figure Skating Championships held at the Broadmoor World Ice Arena at Colorado Springs, Colorado.

The flawless ice surface made with Culligan conditioned water was a new and exciting experience for the skaters. Eddie Shipstad, Managing Director of the Broadmoor World Ice Arena said: "The ice is much clearer, it freezes more evenly, and is much faster. Many of the World Competitors also commented to us on the excellent ice conditions; particularly on the fastness of the ice and the ease with which they could skate their figures."

When water is frozen to form ice, the dissolved minerals in the water separate causing the ice to be milky and uneven in hardness and structure. The Culligan conditioned water used to make the ice at the Broadmoor World Ice Arena is 99.99% mineral free. With high purity water, ice is clearer, smoother, and faster.

Last winter, Culligan conditioned water was used to make ice for the hockey and figure skating rinks and the speed skating track at the Winter Olympics held in Grenoble, France. Skaters noticed that the ice was better and smoother and that their skates stayed sharp longer.



Greek singing star Nana Mouskouri headlines CBC Showcase on CBC radio on Sunday, May 18, backed by the Athenians, a Greek instrumental and singing group. Miss Mouskouri, who has toured North America with Harry Belafonte, sings English, French, Spanish and Greek songs in the concert recorded at Massey Hall, Toronto.

COLEMAN ELKS
CASH and PRIZE

BINGO

IN THE
Elks' Hall, ColemanON
Fri., May 16

AT 8 p.m. SHARP

Admission - 12 Games - \$1.00

BONUS CARDS 25c

PRIZES

\$130.00 Jackpot in 57 Numbers
or less. If not won to up \$10.00 each Bingo Night

\$10.00 Extra Card Bingo

Winner to receive \$2.00 extra for each extra card he holds

\$50.00 Cash Bingo to Go

\$50.00 Cash Bingo in 57 Nos.

If not won in 57 Nos. prize money will decrease \$5.00
each extra call until won.

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It's
Fun!

BINGO

IN THE

Coleman Elks' Hall

ON

Wed., May 21st

AT 8:00 p.m. sharp

Admission - 12 Games - \$1.00

BONUS CARDS 25c

\$100 Jackpot in 75 Nos.

OR LESS

5 Prizes of \$12 and 5 Prizes of \$10

and

\$30.00 Bingo in 7 Numbers or Less

and

Also EXTRA GAMES according to attendance.

THE COLEMAN JOURNAL

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Spring Fire Hazards

(By A. E. Bridges, Alberta Fire Commissioner)

Spring fire prevention involves, among other things, careful control of open fires. We should all think twice before kindling any fire in rubbish piles, dry grass or stubble. The winds are fitful and lack of green growth makes yards and fields subject to quick fire spread. Last year in Alberta, April and May produced the largest losses of any two months of the year and the largest fire of the year was in the month of May.

Perhaps a word of caution about paints and paint thinners is timely in the spring, also great care should be taken in handling flammable solvents used for paint brush cleaning. It is best to mix paint and clean brushes in an outside building or in the yard and to destroy all waste thinners and paint rags at the end of the day's work. Accidents with spilled paint thinners and spontaneous heating of paint rags have caused many fires. Don't have spring clean-up result in a spring burn up. Discuss with your family their responsibility in preventing fires.

High Blood Pressure

Among the few known factors that play a part in the cause of primary high blood pressure—hypertension—heredity is by far the most important. The Canadian Medical Association reports that an inherited defect of some sort is suggested.

It is a well established fact that there are families with strong tendencies to hypertension. Individual members of such families will often show tendencies to high blood pressure early in life. These tendencies might include nose bleed, flushing of the skin, migraine attacks, palpitations and nervousness.

When a patient shows an elevation of his blood pressure during his first visit to a particular physician, the doctor may assume that the patient has unstable blood pressure. He has probably suffered for years from transient hypertension before permanent high blood pressure became established.

One survey indicating the importance of heredity revealed some startling facts. In families where the parents had normal blood pressure only 3 per cent of the children developed the disease. Where one parent was hypertensive, 28 per cent of the children developed high blood pressure. When both parents were hypertensive, 45 per cent of the children were later afflicted. It is obvious, concludes the C.M.A., that if a family history of hypertension is present, regular medical check-ups take on new importance or as one physician puts it—"When it comes to high blood pressure children are advised to check their parents carefully."

Lions Name
Bingo Winners

Mrs. Gallabar of Fernie was the lucky winner of the \$100 jackpot at the Lions bingo.

Other prizes were won by:
\$12, Mrs. S. Richards, Mrs. Farrio, Edna Campbell, Hilda Blas.
\$10, Heather Garbair, Gina Lord, Paul Hussar, Andy Getman and Mr. Holub.
\$6 each, Mrs. Stan Wall, K. Zeller.

\$4, Marge Kubica, Adam Liebergall and Ethel Spievak.

The next bingo will be held on May 21 and will feature \$100 to go, five \$12, five \$10 and a \$30 seven number bingo besides other games according to attendance.

Elks Announce
Bingo Winners

Emil Blas of Blairmore was the lucky winner of the \$50 jackpot at the Elks bingo night.

Other winners were:
\$12 split by Mrs. Zoke, Alan Ry-pien, Mrs. Cox.
\$15 split by Mrs. S. Richards, Mrs. F. Cote.\$10, Mrs. A. Krywolt.
Outlier set, Joe Semenzan.\$24, Mrs. Pisony.
Razzy, Emily Hruby.

\$10 split by Joe Semenzan, Carol Brewer.

\$25, Mrs. Pisony.
Lamp, Anne Hurtak.

\$10, Olive Dingreville and Andy Getman.

The next bingo will be held on May 16 and will feature \$130 in 57 numbers, one \$50 to go, one \$50 reducing prize bingo and other games.

Letter To The Editor

Red Cross Society,
Calgary, Alberta,
April 30th, 1969.Mr. T. Holstead, Editor,
The Coleman Journal,
Coleman, Alberta.

Dear Mr. Holstead:

We would like you to know that at the recent annual meeting of the Council of the Alberta - N.W.T. Division of The Canadian Red Cross Society it was the unanimous opinion of the delegates that we express to you and your associates their grateful thanks for your continued co-operation in supporting the work of our Society.

It is therefore with much pleasure on behalf of the Council that we express our gratitude for all that you have done.

We hope that our activities will continue to earn your support in the months that lie ahead.

Yours sincerely,

J. J. Westbrook,
President,
H. C. Hilton,
Commissioner,
Alberta - N.W.T. Division,
C.R.C.S.

Letter To The Editor

Box 3,
Crescent Valley, B.C.,
April 25th, 1969.Dear Mr. Holstead:
Please find enclosed renewal subscription to The Journal.

We still like to keep in touch with the old home town.

Best wishes, yours truly,
HERB SHERRATT.

Each year the government collects some 40 thousand insect and disease samples to survey the health of Canada's forests.



LYLAL BROWN, the personable host of CBC radio's Sunday Supplement, is heard each Sunday morning. A vital part of CBC's radio revolution, this Sunday newspaper of the air offers a total spectrum in comment and music of what's going on behind the scenes.

WRESTLING

COLEMAN Arena, Sat., May 24

At 8:30 p.m.

North American Championship

1 hour time limit

THE STOMPER vs. ANGELO MOSCA
(Champion) vs. Canada's toughest
Football player
276 lbs. 289 lbs.

SPECIAL EVENT

Mr. ROBUST vs. DON SERRANO
240 lbs. 214 lbs.DAVE RUHL vs. "Omaha"
Hanns, Alta. JACK PESEK
240 lbs. 254 lbs.

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TAG TEAM 60 min. time limit

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Ringside \$2.50 General \$2.00 Children \$1.00



PUBLIC NOTICE

Farm & Ranch Management Consultants Ltd. has contracted with the Government of Alberta to conduct a study on all phases of Agricultural Extension Services carried out by Government (Municipal - Provincial Federal), Universities, Colleges, Agribusiness, Co-operatives, Farm Organizations and individual farmer producers. Submissions, relevant to the study, from organizations or individuals will be welcome. Submissions should be made in duplicate by August 1, 1969, to the undersigned. If details are desired, please contact:

A. G. KIRSTINE, B.S.A., P. Ag.,
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SUBMISSIONS INVITED

The Ministers Committee on School Finance Invites Interested Persons and Groups to Submit Written Briefs, Preferably by July 1st, to the Committee's Secretary.

This committee has been appointed by the Honourable R. C. Clarke, Minister of Education, to: study the operation of the Foundation Program; review the principles underlying it; examine methods of distributing funds; study the provision of all funds from local sources; review the practice of supplementary requisitioning; and generally to explore such further aspects in educational finance as may seem relevant.

Briefs Concerning These Topics Should be Addressed to:

Mr. Paul A. Jensen
619 Administration Building
Edmonton, Alberta.

Report From Parliament Hill

House of Commons,
Canada,
May 1st, 1969.
Allan Sulatycky, M.P.
Rocky Mountain

One of the first items on the agenda of the new Prime Minister when he took office last summer was a full review of Canada's foreign policy. Mr. Trudeau indicated that this study would be in depth and would not be hampered by old traditions or concepts.

Canada's role in the North Atlantic Treaty Organization has now been determined. We have come to the conclusion that our national interest and the pursuit of peace

is best served by a gradual reduction of our NATO forces with a greater concentration on continental defence.

The NATO question was by far the most important and difficult of the matter comprising our foreign policy review. There were a number of options open to us. We could stay in NATO more or less as we are. On the other hand, we could get out of NATO altogether. Between these two choices lay the ones of remaining in NATO, but withdrawing our forces immediately or as we chose, in stages. In either of the latter two cases our troops could still be dispatched to Europe if and when required.

In addition to NATO other aspects of our foreign policy review include items such as entry into

the organization of American States (OAS), recognition of Red China and the establishment of diplomatic relationships with the Vatican.

Insomuch as the OAS is concerned there are two main arguments. The OAS is comprised of western hemispheric nations with the exception of Canada. Traditionally, the group has been dominated by the United States and one argument has been that Canada can have more influence on decisions affecting this hemisphere if it does not encumber itself within this alliance. The counter-argument is that we can be more effective as a member of the OAS.

Other items in the review are the questions of diplomatic relations with Communist China and

the Vatican. Arguments in support of these moves indicate that Canada should recognize the facts of the situations. The Communist government of China is the actual legal government of over 600,000,000 people.

We have growing trade with China and the arguments in favor of recognition seem to be weighty. It may be time we got rid of the pretence that Chiang Kai Shek and his government on Taiwan have any legal or moral right to claim to represent mainland China.

Arguments with respect to recognition of the Vatican should be viewed in its context free from emotional consideration on one side or the other. Those in favor of recognizing the Vatican point out advantages from the diplomatic standpoint of having a Canadian representative in touch with other representatives from approximately 70 countries who have representations in Rome. Counter-arguments on this point are along the lines of maintaining a separation between church and state.

On all questions of foreign policy Canadians will have to weigh the arguments for and against each item in a manner characteristic of our stature as a mature nation, free from external pressures and old prejudices.

The Honeymoon



Miss Eileen Sullivan,
District Home Economist,
Clareholm, Alta. Phone 235-3242
Cardston Phone 653-3462
Pincher Creek
Phone 627-3130 or 627-4022

Fashion in Fortrel

A fabric which doesn't fray, stretch, sag, shrink or ever need pressing is Fortrel knit. No wonder it has become a household word for the fashion conscious.

Mrs. Marilyn Hemming, clothing specialist with the Alberta Department of Agriculture, says Fortrel is just one of the polyester family of fibres, as are Dacron and Terylene. Fortrel became famous as a double knit fabric; however, this year it can also be purchased woven. She says the average home sewer may find the knit easier to sew than the woven because the woven fabric tends to pucker along the seams.

Sewing With Polyester

When sewing any polyester such as Fortrel, Mrs. Hemming recommends a polyester thread because it reacts the same to stretching and wear as the fabric. Before beginning to sew, adjust your machine to a fairly loose tension and medium stitch length. Since polyester is a tough fibre, a sharp fine needle must be used to prevent puckering. Mrs. Hemming says it may be necessary to use the throat plate with the small hole to also prevent puckering.

Fortrel knits should be stretched slightly as you sew. This allows extra ease in the seam and prevents the thread from breaking during wear. Sewing the seam with a narrow zigzag stitch gives even more ease.

It is difficult to press seams flat and pressing in permanent creases and pleats is impossible. Polyester fabrics tend to stick to even a warm iron, so a scrap of cotton should be used to protect the fabric.

Since Fortrel knits are bulky, do not turn under the edge of facings or hems; simply leave it as is or pink the edge.

Hems are easily done by machine stitching 1/4" from the cut edge and hand stitching inside the hem between this row of stitching and the garment. Be sure to leave the stitching quite loose to prevent puckering.

Interfacings and Linings

Interfacings are generally not required on Fortrel knits, but may be used to create extra crispness for stand-up or rolled collars, waist bands, etc. Be sure to use washable interfacing which have been pre-shrunk.

Linings are also not required, but may be desired to cover seams in jackets and coats. Again, Mrs. Hemming recommends a pre-shrunk washable lining.

Happy sewing on your Fortrel mix - 'n' match wardrobe!

GM of Canada's interior trim plant at Windsor uses enough material every week to make a suit of clothes for every man, woman and child in a city of 70,000 people.

Stack - Kostelnik Wedding

April 28th, 1969, at 4 p.m. in St. Alban's Anglican Church, Victoria, B. C. The Rev. F. W. Hayes united in marriage Mr. William Stack of Nanaimo, and Mrs. Ethel May Kostelnik of Nanaimo, formerly of Coleman, Alberta.

The bride, who was escorted to the altar by her son Allan, of Winnipeg, Man., was tastefully attired in a champagne brocade sheath with matching channel jacket. Her hat was a velvet and tulle bow in the same shade as her corsage, which consisted of three beautiful pale mauve orchids. Her shoes and gloves matched her dress.

Assisting the bride as matron of honor was Mrs. Donna Rix of Grande Prairie, Alberta, daughter of the bridegroom.

She wore a lovely pastel blue sheath dress and shoes and gloves to match, her flowers were blue carnations.

Little Robin Ray Rix, the only grand-daughter of the groom, was a darling flower girl. She wore a dress identical to the one worn by her mother Donna. She carried a basket of spring flowers.

Mr. Ernest Stack of Vancouver was his father's best man.

Wedding music was played by Mr. W. Hamilton, organist of St. Alban's.

Following the wedding ceremony a reception for relatives and very close friends was held at the home of Mr. and Mrs. E. Lovegrove of the groom, niece and nephew of the groom.

Guests were present from Port Alberni, Comox, Nanaimo, Duncan, Vancouver, Kelowna, Lillooet and Winnipeg.

Mr. and Mrs. Stack will reside in Nanaimo where the groom is employed as signal engineer with the C.P.R.

From the start of body welding to the drive off stage, there are 500 units in progressive states of manufacture at all times in the GM of Canada plant at Ste. Therese West in Quebec.

Dental Arts

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1960 CHEVROLET IMPALLA, power steering, power brakes and V8 Automatic. Also a Spring and Mattress. Phone 563-3455.

FOR SALE

MONARCH RICHELIEU PHAETON CAR for sale (overdrive.) Oral or sealed bids accepted until May 11. Clarence Moore, P. O. Box 244, Blairmore, Phone 562-2170.

LAND WANTED

SUITABLE for hunting or fishing purposes, large or small acreage. No buildings, send details and legal description to L. Henry, Station "S", Box 56, Toronto, Ontario.

Apartments for Rent

2 TWO ROOMED fully furnished Suite with bath or Shower and utilities included. Phone 562-2264 after 5 p. m.

Coming Events

The Ladies of the Italian Society will hold a Bazaar and Bake Sale in the Italian hall on Saturday, May 17th, from 2 to 5 p.m.

The Polish Ladies will hold a Bazaar in the Polish Hall, Coleman, on Saturday, June 14.

St. Paul's United Church Women will hold a Strawberry Tea in the Club Room on June 18th.

St. Paul's United Church Women will hold an Autumn Tea in the Club Room on September 10.

The Coleman Catholic Women's League will hold a Fall Bazaar and Tea in the Catholic Hall on Saturday, October 25th.

St. Paul's United Church Women will hold a Pie Social in the Club Room on October 29th.

St. Paul's United Church Women will hold their annual Fall Bazaar in the Club Room on Nov. 15.



Attend Church

ST. PAUL'S

United Church

Morning Service—10 a.m.
Sunday School—11.15 a.m.
You are All Welcome.

COLEMAN CHRISTIAN

ASSEMBLY

Family Bible Hour — 11:00 a.m.
Lord's Supper — 12:30 p.m.
Evening Service — 7:00 p.m.

Holding Fast the Faithful Word — Titus 1:9
Holding Forth the Word of Life — Philippians 2:16.

JEHOVAH'S WITNESSES

Coleman

Meetings at Kingdo - Hall
Every Sunday at 10 a.m.
Every Friday at 7 p.m.

LUTHERAN SERVICES

Held in the Anglican Church
7:30 p.m. Each Sunday
Rev. Karl Keller
Phone 627-4278
Pincher Creek.

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AVOID FROSTRATION!



Defrosting get you down? Why not save time and temper with a new No-Frost Refrigerator-Freezer. No longer do you have to plan a "defrosting day" when the refrigerator is tightly stocked. Instead, you buy when you like... forget defrosting for ever!



BUY NO-FROST

The latest No-Frost designs do more than give your kitchen a bright, new look. They're more efficient, more convenient, and offer an unprecedented range of colors and designs. Large capacities and efficiency-planned shelf arrangements let you buy in bulk and save money. Many models make unlimited ice cubes, automatically. See all the new features at the special display of No-Frost Refrigerator Freezers this month!



CALGARY
POWER

Earn a place in someone's heart Give to the Red Shield Appeal



The unwanted children, the aged, the destitute, the alcoholics, the potential suicides, all the thousands in distress turn to The Army. The Salvation Army never refuses

a call for help. To provide the homes, hospitals, clinics, and other services necessary for the dignity of humanity, The Salvation Army needs your help.

Expect Your Legion
Canvasser to call on you
during the month
of May



Personalities IN THE NEWS

Mr. and Mrs. Paul Belter recently visited their son Eddie and his wife at Calgary.

Mr. and Mrs. Ken Owen, from Fort Saskatchewan, recently visited the former's brother and sister-in-law, Mr. and Mrs. J. Owen and Mr. and Mrs. Clarence Huffman.

Mr. Victor MacQuarrie of Vancouver, B. C., visited his father and mother, Mr. and Mrs. J. MacQuarrie. Mr. MacQuarrie is a patient in the Crows Nest Pass Hospital.

Mr. and Mrs. Eddie Belter and two little daughters from Calgary, recently visited the former's parents, Mr. and Mrs. Paul Belter. Their little grand-daughter Wendy remained with them for a short holiday.

Mr. and Mrs. C. Coover visited Mr. and Mrs. Horesj at Claresholm on Sunday. They were met there by their two daughters and families from Calgary, and a family reunion dinner was enjoyed.

Mr. and Mrs. Ted Walker of Calgary and Miss Lynda Sudworth of Taber, attended the Colwell-Williams wedding April 3rd.

Born to Mr. and Mrs. Howard Ash, a son, on April 10th at Calgary. He will be given the names Trevor Howard. Mrs. C. Garner is the proud great grandmother.

Mrs. C. Garner recently visited relatives at Calgary and Lethbridge. While in Lethbridge she visited Mr. David Gillespie (a former Coleman old-time resident), now residing at the Devon Home. She found him busy writing an article on the early days of Coleman. He recently celebrated his 88th birthday and wished to be remembered to his old friends in Coleman.

Miss Maureen Aschacher, grand-daughter of Mrs. C. Garner, is at present enjoying a holiday touring in Europe. Mrs. Garner recently received an interesting letter from her stating she is enjoying her trip very much.

Mr. and Mrs. Gordon Marconi accompanied by Mrs. A. Dick and Mr. and Mrs. J. Kerr, jr. attended the graduation of Mrs. Connie Morello (nee Marconi) who received her B. A. of Education degree at Notre Dame University at Nelson, B.C. on May 3.

Friends are pleased to see Mrs. R. Langille home again after being a patient in an Edmonton hospital.

Mrs. E. Hopkins recently returned from a holiday spent with her mother Mrs. M. Phillips and her son and family and other relatives at Vancouver, B.C.

Miss Lynda Sudworth of Taber visited her parents, Mr. and Mrs. T. Sudworth; also her grandmother, Mrs. A. Sudworth.

Mrs. Marian Wintermute and two children from Lethbridge, visited her mother, Mrs. Ester Ash and grandfather, Mr. E. Raymond. She also had as her guests her son and wife, Mr. and Mrs. H. Ash and family from Calgary.

Mr. Robert Jenkins, a Coleman old-timer, celebrated his 88th birthday on May 2nd.

Mrs. M. Kosma of Lethbridge visited her daughter and son-in-law Mr. and Mrs. G. Lant and attended the Pythian Sisters Mother's Day party in the 1 O. O. F. hall.

Mrs. E. Oldham from Victoria, B. C., visited her sister, Mrs. R. McEwen and nephew Mr. Larry McEwen.

Honored At Shower In Catholic Hall

Miss Esther Ann Stonehouse was recently honored at a shower held in the Catholic hall when many friends gathered for the occasion. On entering the hall, Miss Stonehouse was presented with a corsage by Miss Sherlet Dunford and Mrs. Eleanor Bubniak presented Mrs. Stonehouse with a corsage.

Mrs. Florence Dunford presented Mrs. Leroux with a corsage. While being escorted to the head table the Wedding March was played by Miss Rudena Fyfe. Following bingo and whilst a lovely lunch was served after which Miss Stonehouse was presented with many gifts, including a dinnerware set, canister set, bread box, ironing board and cover, a clothes hamper, hand mixette and measuring cups.

Miss Stonehouse very ably expressed her thanks for the many fine gifts she received.

Card of Thanks

I would like to take this opportunity to express my sincere thanks to all those who attended the shower held in my honor. I would also like to thank all those who donated but were unable to attend. A very special thank you to the hostesses who helped to make it such a memorable occasion.

Miss Esther Ann Stonehouse.

Organizational Meeting of A.A.R.N.

An organizational meeting of the district executive committee South District, of the A.A.R.N. was held April 11th at the Nurses' Residence Galt School of Nursing in Lethbridge.

The new executive as follows: Councillor, Sister Ann Marie Cummings of Lethbridge. President, Mr. Robert McKenzie of Medicine Hat. Vice-pres., Mrs. Marian Snowden of Lethbridge.

The Ladies of the Italian Society will hold a

Rummage Sale

Bake Sale

in the Italian Hall
Coleman, on

SAT., MAY 17

from 2 to 5 p.m.

Everybody Welcome

APPLICATIONS WANTED

BY THE

Royal Canadian Legion, Branch No. 9

Coleman, Alberta, for

One Steward and One Assistant

QUALIFICATIONS by letter to be in the mail to the Secretary not later than May 31st, 1969.

AL. KRYWOLT, Secretary.

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COFFEE, Nabob
2 lb. pkg. \$1.59
1 lb. pkg. 81c

BUTTER First Grade
Per lb. 73c

CARNATION MILK,
Talls, 6 Tins for \$1.17

Robin Hood Flour Paper Bags **20 lbs. \$1.69**

LIMITED SUPPLY - 2 BAG LIMIT

PEACHES or PEARS
14 oz. tins, 3 for - 79c

SCOTTIES FACIAL TISSUE
3 packages for - 99c

STRAWBERRY JAM, Valley Gold, 48 oz. Tin - 99c

Lumber Jack Syrup
44 oz. Jug 49c

Dak Luncheon
Danish Meat, 12 oz. tins, 2 for 75c

Royal Satin
Shortening
3 lbs. for 95c

Wax Paper Refills
2 for - 59c

Ballet Toilet Tissue
8 Roll Pak. 99c

Brunswick Sardines
Per Tin - 10c

Tri-Pak Chips
Old Dutch
2 for - 99c

Corn Flakes, Kelloggs
12 oz., 3 for \$1.00

Kraft Dinners
6 pkgs. for \$1.00

RED ROSE TEA BAGS
100's - 95c
ONE ANIMAL ENCLOSED

CHRISTIE'S GRAHAM
WAFERS, 2 pkgs. 79c

Bananas, 6 lbs. \$1.00

EASTER EGG BUNDLES

ROBIN HOOD PUDDINGS
Chocolate, Carmel and Lemon
4 Packages for \$1.00
LIMITED SUPPLY

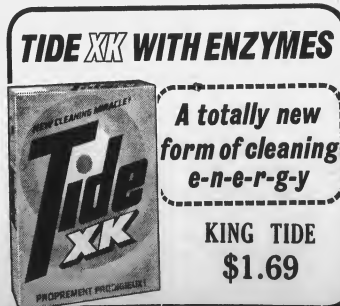
16 Eggs for 69c
Regular Price 89c
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IVORY LIQUID
32 oz. 99c



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